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# VALLEY AND MOUNTAINTOP EXPERIENCES IN MENTORING: GETTING OUT OF THE SMOG

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# OVERVIEW

- ❖ Life in the Valley
- ❖ My Career Path
- ❖ A Story That Sticks
- ❖ From The Horse's Mouth
- ❖ Getting out of The Smog

# UTAH SNOWBIRD

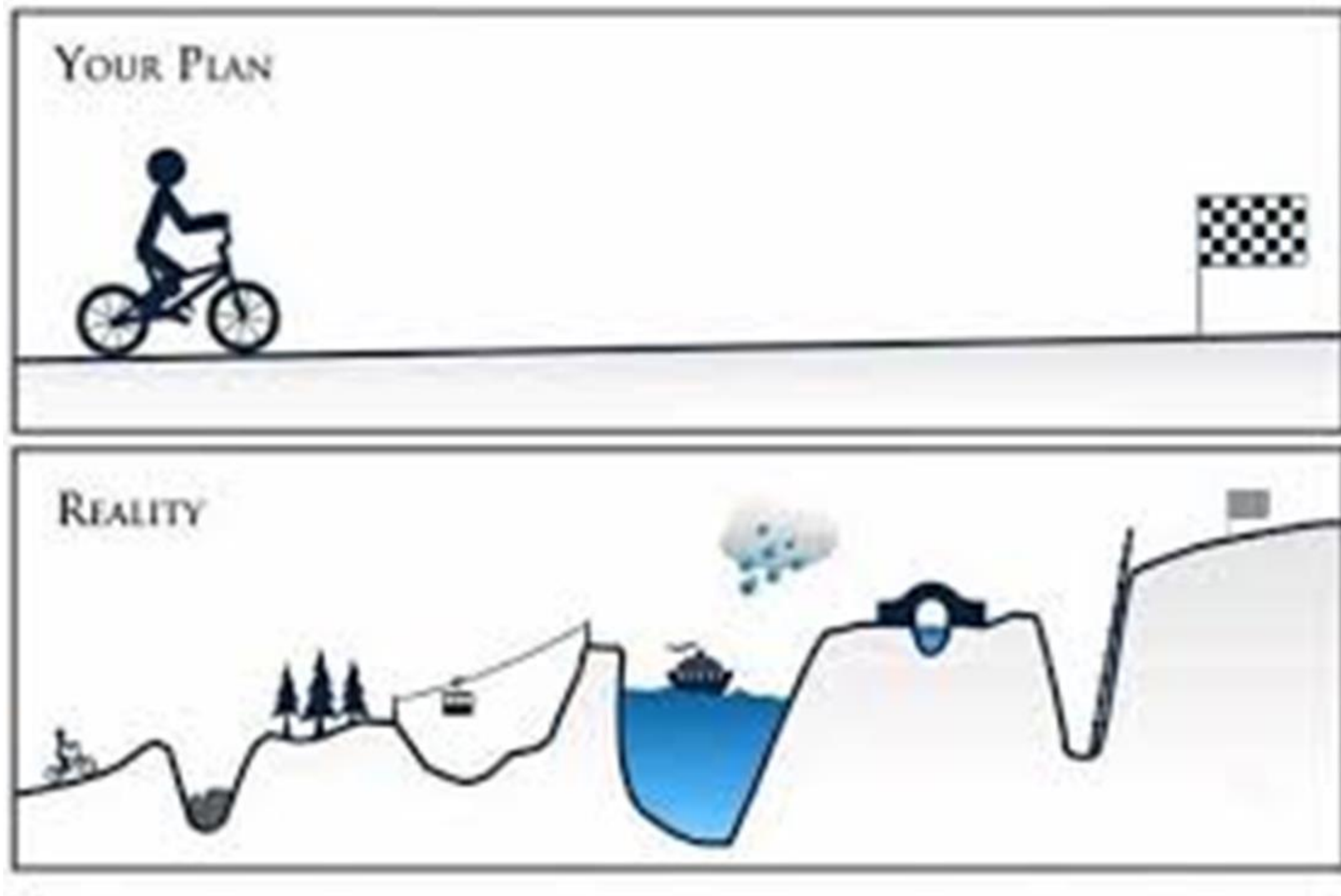




# UTAH SMOG IN WINTER (INVERSION)



# How is Your Career Path?



# FALSE STARTS ARE COMMON-2



# FALSE STARTS ARE COMMON

- An invalid or disallowed start to a race or game
- An unsuccessful attempt to begin something
- A personal experience

# A STORY THAT STICKS: AN INTERNSHIP EXPERIENCE



## FROM THE HORSE'S MOUTH: DR. CHARLES ROGERS

**How has mentoring  
been helpful in  
your career?**



# GETTING OUT OF THE SMOG (CHALLENGES)



# GETTING OUT OF THE SMOG (CHALLENGES)

- ❖ Mentor or Mentee Seem to Lack Commitment
- ❖ Mentor Not Providing Adequate Direction
- ❖ Dealing with Conflicting Demands or Conflicting Advice